

GASTRONOMIC TUSCANY

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Tuscany is one of the Italian regions most famous for its cultural and culinary arts.

Programs to understand and know local products among traditional tastes and savors.

The hilly landscape makes possible to have different cultivations: wineries, with the world famous Chanti, but not forget the Brunello di Montalcino, the Rosso di Montepulciano and the Bianco of San Gimignano.

Among typical products we also have the Tuscan oil of olives. Its first production dates back to the 7^{Th} century. The typical Olio Extra Vergine di Oliva Toscano is grown, produces and bottled within the region, still with ancient techniques. Not forget the salamis, especially the Cinta Senese, Finocchiona and the tasty Lardo di Colonnata.



EXCURSIONS

Florence and its Tuscan flavors

Walking tour in Florence to discover the city. While walking through the street of the old town, admire Santa María del Fiore, Piazza della Signoria, Uffizi Gallery and Ponte Vecchio. Have the pleasure to experience the Florence of the Florentines.

Have a stroll through the marvellous Medieval streets of Dante, listen to the legends concerning typical dishes related to the history of the construction of the famous dome by Brunelleschi, visit "vinaini" shops where there is the possibility to enjoy a glass of wine with Finocchiona and crostini, while learning the history of Tuscan gastronomy.

Free lunch (not included) and afternoon.

Duration: 6 hours



EXCURSIONS

Siena and San Gimignano

A wonderful excursion through the enchanting hills of Chianti countryside, with a wide landscape of vineyards and olive groves. Once in Siena, guided tour of the old town: walk through the narrow Medieval streets, admiring the marvellous palaces in front of you.

Enjoy to the Cathedral, where there is the possibility to visit its enchanting inner spaces, including the Piccolomini Library and the Museo de la Opera Metropolitana.

The tour will end in Piazza del Campo, one of the most wonderful in the world.

Admire the exterior façade of Palazzo del Comune. Free time at disposal for lunch (not included).

Departure to San Gimignano, a town remained intact throughout the centuries. Situated on the top of a hill, San Giminiano is famous for its numerous towers, frescoes and other artistic treasures. Free time at disposal to discover this little fascinating city. During the return, admire the ancient Medieval village of Monteriggioni, surrounded by its renowned intact walls.

Duration 8 hours



EXCURSIONS

The Region of Chianti

An unforgettable excursion to discover one of the most evocative area of Tuscany, world-famous for its wines and enchanting landscapes, where woods, wineyards and olive groves reign in a environment full of Romanic churches, farms, villas and castles of exceptional beauty.

The tour includes the visit to particular places of historical and artistic interest, such as ancient Medieval villages and some of the most famous wineries, with the possibility to taste prestigious wines and products of local gastronomy.

Duration 8 hours



ACCOMMODATION

Borgo Scopeto Relais or similar

Borgo Scopeto is a characteristic estate in Tuscany with view to Siena, situated just a few minutes from this city. The village preserves in its location the same elegant atmosphere of the past. Admire the Torre del Mangia and the church tower of cathedral of Siena over the horizon.

Borgo Scopeto is characterized by a past evocative dimension, an enchanting and elegant residence surrounded by the countryside and the silence of nature. Each room is equipped with air conditioner, TV LCD via satellite, Internet connection and safe. Guaranteed comfort in the bathrooms, characterized by marble finishing, magnifying mirror, hairdryer, bath and shower. The rooms are all different: some of them have their private entrance and a view directly to the gardens, others have breathtaking views to Siena countryside, others of some pictoresque corner of the town, giving to clients the sensation to stay during the Middle Age.

Borgo Scopeto Relax, a close and elegant spa, is situated in the ancient stable of Borgo.

'La Tinaia' Restaurant is located in the wine cellar of the villa. The forniture is well harmonised with the typical style of Siena. The kitchen offers authentical local and regional dishes. Enjoy the traditional recipes full of the original combination of savours.



ACCOMMODATION

Monastero Castle or similar

Near Siena, just in the heart of Chianti, Monastero Castle is a restored building with breathtaking view to Tuscany. During the 11th Century, it was a monastery surrounded by the silence and the peace of the hills. Firstly converted into a noble maison of the Chigi family, later it became a romantic village in Tuscany countryside.

Just few meters away from the historical villa, discover the extraordinary spa, where there is the possibility to enjoy "weight loss", "Detox" and "Anti Age" treatments.

Enjoy the relaxing "Aquae Monasterii" path, with oil and high density of salt.

The gourmet restaurants make you live authentical typical emotions of this places.

The menù is written by Gordon Ramsay, star of the European kitchen, with a strong passion for Tuscany. The executive chef of Castle Monastero, Stylianos Sakalis, will delight you with succulent delicacies.



